

# GUIDING PRINCIPLE 3

## ENHANCING STUDENT AUTONOMY AND RESPONSIBILITY



**Strategy:** Self-Reflection

**Audience:** Kindergarten to Grade 8

### What:

- A strategy to encourage students reflect on their learning before, during and after a remote learning session
- To encourage responsibility for learning and metacognition
- Takes 15 minutes

### How:

- Provide initial guidance
- Model what effective reflection process looks like with a “think-aloud”
- Encourage three areas of reflection: learning, learning process, and learning experience
- Use Student Template: Self-Reflection to facilitate conversation
- Encourage students to share one of these with the group. Allow students to pass until they are comfortable
- Others can respond non-verbally using the chat features thumbs up, applause, or whiteboards

### Materials:

- Student Template: Self-Reflection
- Dependent on student format selected

### Example:

#### Self-Reflection .



What I am learning



How I am learning



My learning experience

Question Prompts	Sentence Stems
<ul style="list-style-type: none"> <li>• What did I learn?</li> <li>• How did I learn it?</li> <li>• What did I already know?</li> <li>• What was new learning?</li> <li>• What am I still wondering about?</li> <li>• What am I curious to learn now?</li> <li>• How did I feel about the process?</li> <li>• How is what I learned important?</li> <li>• How might I use this learning?</li> <li>• Other?</li> </ul>	<ul style="list-style-type: none"> <li>• I learned...</li> <li>• I still need to learn...</li> <li>• My next steps are...</li> <li>• While doing this work, I felt...</li> <li>• I am proud that I...</li> <li>• I had difficulty with...</li> <li>• I need help with...</li> <li>• I can...</li> <li>• I could...</li> <li>• I might...</li> <li>• I must...</li> <li>• Other?</li> </ul>

### Inclusive Practices to Consider:

- Allow flexible formats to respond—text, video, audio, visual (sketch/illustration/icons)
- Allow students to choose a format to respond that is best for them
- Provide structure initially with question prompts/sentence stems and frames

### Reference and Links:

AVID Open Access. (n.d.). *Structure student reflection activities effectively for remote learning.*

<https://avidopenaccess.org/course/structure-student-reflection-activities-effectively-for-remote-learning/>