

GUIDING PRINCIPLE 3

ENHANCING STUDENT AUTONOMY AND RESPONSIBILITY



Strategy: Remote Learning Workspace

Audience: Kindergarten to Grade 12

What:

- Create, find, and design a workspace in the home with the student and family that will enable the student to learn effectively

How:

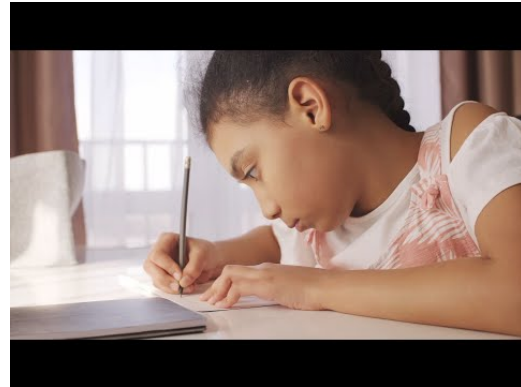
- Find an appropriate work location based on sensory and learning preferences (i.e., limited distractions, natural lighting, separate location from common areas, appropriate seating)
- Personalize the learning environment to meet the student's current needs (i.e., favourite pictures, important visuals, sensory tools: stress ball, thinking putty, sit and move cushion)
- Organize supplies and technology using bins, coloured folders, etc. and have it all in one location if possible
- Consider body positioning of the student in the dedicated workspace (refer to video 90-90-90 strategy)
- Having separate spaces for each type of activity will incorporate movement and environmental cues for the student regarding expectations

Materials:

- Various office supplies (bins, coloured folders, study carrels, visuals, timer, calendar, headsets, etc.)
- Sensory tools (alternative seating, stress ball, thinking putty, etc.)
- Seating and tabletop options (stool, chair, exercise ball, foot stool, etc.)

Example:

Occupational Therapist Shares Practical Strategies for Distance Learning



Inclusive Practices to Consider:

- Sensory needs, other learners in the environment, etc.
- Consult your divisional OT or PT to discuss positioning and alternative seating for student specific needs

Reference and Links:

Occupational Therapist Shares Practical Strategies for Distance Learning

<https://www.youtube.com/watch?v=Ea-ZlNxZb3c>

Creating Your Child's Ideal "Home Office" for Distance Learning

<https://www.connecticutchildrens.org/coronavirus/creating-your-childs-ideal-home-office-for-distance-learning/>

Tips for Creating a virtual Learning Space

<https://www.aota.org/~media/Corporate/Files/Practice/back-to-school/2020-Virtual-Learning-Tip-Sheet.pdf>

Home Office Ergonomic Tips

<https://www.aota.org/~media/Corporate/Files/Practice/Manage/Home-Office-Ergonomics-Tips.pdf>